

Packing List: Grand Canyon Trust Volunteers

The Grand Canyon Trust has some gear to lend. Please let us know if you will need any equipment. We have a limited number of the items below marked with an asterisk*. These items are checked out on a first come, first served basis. Questions? Call us: 928-774-7488 or email: volunteernow@grandcanyontrust.org.

Required Items

- Sleeping Bag*
- Sleeping Pad*
- Tent*
- Headlamp or Flashlight*
- 3 Liters Water Carrying Capacity- 3 Nalgene-type water bottles or a hydration pack.
- Hiking/Work Shoes- Closed-toe shoes required while working!
- Sun Hat
- Sunglasses
- Sunscreen
- Rain Jacket (required), Rain Pants (optional)
- Work Clothes (Pants/Long sleeves) - These will get dirty/ruined, depending on work.
- Camp Clothes- Comfortable clothes to wear after a long day of work.
- Long Sleeve Light Weight Top- For sun protection (long sleeved, collared, buttoned shirts from the thrift store – light colors/cotton are great – are the classic AZ choice!)
- Long Underwear/Fleece/Warm Hat (Days can be cold, nights can be below freezing!)
- Socks- Wool or synthetic is best.
- Pants/Shorts- You should have long pants for protection.
- Day Pack for Daily Outings
- Personal Toiletries/ Medications/ Towel- Be prepared to have no sink or shower.
- Mug for hot drinks
- Tupperware style container for packing lunch

Optional Items

- Camp Shoes (Sometimes it is nice to get out of those hiking boots!)
- Sandals (Tevas/Chacos)
- Camera
- Journal and Pen
- Lots of Lotion and Chap Stick/Lip Balm- it is arid!
- Personal Spoon/Knife/Fork (and/or Swiss Army Knife)
- Musical Instruments
- Beverages of choice (keep in mind there is no underage drinking allowed on the trip)

Things to Remember

- Weather in the Southwest is very fickle. Please come prepared for hot days (or cold ones), sun, rainstorms, and potentially cold nights. You will be happy you did!
- All meals and snacks will be provided.
- Any special snacks and beverages are NOT provided-unless dietary restrictions are noted on registration forms.
- All cookware, plates, bowls, silverware will be provided (except lunch Tupperware and mug)
- All tools and work supplies will be provided.
- Volunteers will be in personal tents, or tents provided by GCT by request on a first come first served basis.